

Community Resilience Briefing – 21 April 2023

Dear Community Resilience Group/Community Council/Colleagues,

Welcome to The Highland Council's fortnightly briefing for groups with an interest in local community resilience.

Covid, Colds, and Flu related information

- [Scottish Government - Covid, Colds, and Flu](#)
- [NHS Inform Covid data](#)
- [NHS Highland local vaccination information](#) – this includes information on the winter Coronavirus (COVID-19) and Flu vaccination programme which is now underway.

Funding

SCVO is a key source of funding information for the third sector. Funds that may be of interest include:

- **The Robertson Trust - Community Vehicle Grants**
Contributes to the costs of a vehicle used to support or address the impacts of poverty and/or trauma under financial wellbeing, emotional wellbeing and relationships, and/or educations and worth pathways. Apply at any time.
- **SportScotland - Sport Facilities Fund**
Supports projects that create or improve places that people take part in sport and physical activity. They will provide additional support to projects within or serving the most deprived communities, according to the Scottish Index of multiple Deprivation (SIMD). Next deadline 1st September.
- **Silverhill Trust**
Promotes mental, physical, and social development of young people, especially those in poor circumstances. Apply at any time.

Welfare, poverty reduction and resilience

- **Emergency Alerts** – Reminder that a test alert will be sent out to all mobile phones at 3pm 23rd of April. This test message will be accompanied by a loud siren for 10 seconds, it will play despite being on silent mode, but not through aeroplane mode.

Attached to this email is a document containing further information on the new Emergency Alert Service. This will allow people to be contacted via their mobile phone if their lives are at risk in an emergency.

- **ALISS** – ALISS helps communities work together to find and share information about local groups, services, and activities. Please see the attached document for information on upcoming ALISS sessions in Inverness and online. For more information about the ALISS Programme, [click here](#).

- [Community Climate Adaption Routemap](#) - Adaptation Scotland have developed this resource to develop community resilience to climate change and provide practical steps for communities.
- **Cyber Security Resilience: Cyber Security Guidance for UK Organisations** – An alert has been issued to critical national infrastructure organisations warning of an emerging threat from state-aligned groups. Attached is a document from Police Scotland detailing cyber security and additional resources for small/medium enterprises and the general public.
- [Cost of living support](#) – Highland Council webpages on support and information to help with the cost of living.
- [Help during the cost-of-living crisis](#) – Scottish Government advice and information.

Mental Health and Wellbeing

- [NHS Highland Mental Wellbeing](#) – a collection of resources and signposts to help people of all ages to look after their own mental wellbeing. Register for the event by following the link.
- [Cost of living crisis and your mental health](#)
Many people are feeling the strain as the cost of living continues to increase. This [resource](#) provides information on how you can maintain your mental wellbeing at this time, alongside information on how to manage your money as bills rise.

Emergency Planning

- Met Office Weather Warnings - <https://www.metoffice.gov.uk/weather/warnings-and-advice/uk-warnings#?date=2022-11-04>
- Met Office Weather Ready <https://www.metoffice.gov.uk/weather/warnings-and-advice/weatherready>
- [Scottish Flood Forecasting](#) – Provides up to date information on when and where flooding is expected to occur over a three-day period.
- Floodline Scotland <https://floodlinescotland.org.uk/>
- [Ready Scotland – preparing for emergencies](#) <https://ready.scot/>